





When someone passes away they don't usually leave an Instruction Manual for you to follow.

This booklet is designed to be a companion as you capture and preserve precious memories for your loved ones.

Take time to jot down your special memories to leave for your family once you're gone.

It might just comfort them in their time of sorrow to read your stories and memories; let them smile or even laugh.

In these pages you'll find topics to guide you as you reminisce about your childhood, your significant milestones and the values that shaped your life.

It's a chance to share your memories, your wisdom and to leave behind a piece of your soul – one that your family can treasure forever.

As you fill the pages, remember you are not just recounting events, you are crafting a legacy that will inspire and comfort those who come after you.

Baby Me

l was	s born on
The p	olace I was born is
The (date and time I was born is:
l wei	ghed

My Family

ур	arents	names	were			
у ро	arents	bithda	ys were	Э		



ly pa	rents were born in
ly bro	others and sisters were called
ly fa	vourite Uncle/Aunty/Family friend was
-	
_	
_	

My grandparents were born in
My grandparents were born in

Family Memories

			01 1 1		
avourite	e way to c	elebrate	Christme	as was	

e first	thing I ever	watched or	n televisior	n was	
nen I v	vas a teena	ger, at the w	veekends I	used to	
nen I v	vent to my g	ırandpareni	ts house. I	loved to	

School Memories

My fir	rst school was
My hi	gh school was
My fo	vourite teacher was

My favourite subject was	
	_
TEST NO.	
I liked to play the following sports at school	
	_

The other activites I enjoyed at school were
I used to travel to school by
The reports I used to get from school were

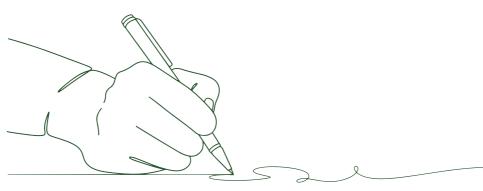


Milestones

y firs	rst car was			
vas _	taught to drive by			
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- left	home when I was a	ınd went to liv	'e	
left	home when I was a	ınd went to liv	/e	
left	home when I was a	Ind went to liv	/e	

longe:	st trip I took i	n my first car	Was		
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	ATT AND		7 30		

The best hair style I ever had was
The best outfit I ever had was
My first love was



Othe	r thoughts and notes for my family

Often people say "I don't want any fuss" or
"just cremate me" but saying goodbye,
either in a funeral or an informal gathering,
is chance for loved ones to gather
and celebrate your life.

It's a time to share stories, reminisce and even laugh a little. By allowing folk to express their emotions and say goodbye, it's a reminder that we are all in this together, and sharing the grief is such an important part of experiencing grief.

A funeral or gathering plays an essential part in honouring a loved one's life, providing comfort to those who are left behind and helping everyone to transition from the reality of loss to a new normal.

Celebrating a life well-lived can be just as important as mourning its loss.



∕ly wi	ill is located
Лу рг	reference is for a funeral at
-	
d like	e to be (Cremated, Buried).
-	
-	

This is the music I'd like	e played at my service
d like these flowers if	they are in season

Was and	

These are th	ne other thing	s I'd like to	happen	

MORRISONS FUNERALS

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> **Glen Innes** 79 Line Road

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